**Antioxidant Activity**


**Bioavailability/Metabolism**


- Milbury PE, Kalt W. Xenobiotic metabolism and berry flavonoid transport across the blood-brain barrier. *Journal of Agricultural and Food Chemistry*. 2010, 58:3950-3956


**Bone and Joint Health**


*Publication was not directly funded, but USHBC freeze-dried blueberry powder was provided at no cost

List of Published Studies as of 10/1/2021
Brain Function

  Abstract

  Abstract

  Abstract

  Abstract

  Abstract

  Abstract

  Abstract

  Abstract

  Abstract

  Abstract

  Abstract

  Abstract

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*List of Published Studies as of 10/1/21*
Abstract

### Cancer

Abstract

Abstract

Abstract

Abstract

### Cardiovascular/Lipids

Abstract

- Johnson SA, Feresin RG, Navaei N, Figueroa A, Elam ML, Akhavan NS, Hooshmand S, Pourafshar S, Payton ME, Arjmandi BH. **Effects of daily blueberry consumption on circulating biomarkers of oxidative stress, inflammation, and antioxidant defense in postmenopausal women with pre- and stage 1-hypertension: a randomized controlled trial.** *Food and Function.* 2017, 8:373-380.  
Abstract

Abstract

Abstract

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Abstract


Abstract


Abstract

**Diabetes/Insulin Resistance**


Abstract


Abstract


Abstract


Abstract


Abstract


Abstract

**Exercise/Muscle**


Abstract


Abstract

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List of Published Studies as of 10/1/21

**Abstract**


**Abstract**


**Abstract**

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**Eye Health**


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**Food Safety**


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**Gut Health**


**Footnote:**

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**Immune Function**


**Inflammation**


**Obesity**


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List of Published Studies as of 10/1/21
Oral Health


Reviews


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