

# Easy No-Bake Glazed Blueberry Oat Bars

Servings: 16

Prep Time: 15 minutes

## INGREDIENTS

- 2 cups blueberries, divided
- 1 cup oats
- 1 cup dates, pitted
- 1/2 cup almonds, sliced and toasted
- 1/4 cup chia seeds
- 1 teaspoon orange zest
- 1/2 teaspoon ground cinnamon
- 1/3 cup confectioners' sugar (optional)
- 1 teaspoon orange juice or water (optional)

## About the Recipe

You don't need packaged bars. You're a kitchen genius. And you'll love these easy no-bake glazed blueberry oat bars! They're healthy and a good source of fiber. Kids and adults are into them. And they make a tasty, on-the-go snack. Whip up easy no-bake glazed blueberry oat bars for your next road trip – or anytime, really. No occasion required.



## INSTRUCTIONS

- 1 Line an 8-inch x 8-inch pan with foil, leaving a 2-inch overhang and spray with cooking spray.
- 2 In a food processor, combine 1 cup blueberries, oats, dates, almonds, chia seeds, orange zest and cinnamon and process until mixture is sticky and holds together.
- 3 Stir in remaining 1 cup blueberries.
- 4 Press into prepared pan and refrigerate until set, at least 2 hours.
- 5 Combine confectioners' sugar and orange juice and drizzle over top if desired.
- 6 Cut into 16 bars.



[GrabABoostOfBlue.com](https://GrabABoostOfBlue.com)

