

USHBC Supported Studies

Antioxidant Activity

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Bioavailability/Metabolism

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Bone and Joint Health

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Brain Function

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- **Krishna G, Ying Z, Gomez-Pinilla F. Blueberry supplementation mitigates altered brain plasticity and behavior after traumatic brain injury in rats.** *Molecular Nutrition and Food Research.* 2019, 63:e1801055.
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- **Carey AN, Gildawie KR, Rovnak A, Thangthaeng N, Fisher DR, Shukitt-Hale B. Blueberry supplementation attenuates microglia activation and increases neuroplasticity in mice consuming a high-fat diet.** *Nutritional Neuroscience.* 2019, 22:253-263.
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Cancer

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Cardiovascular/Lipids

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Composition

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Diabetes/Insulin Resistance

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Exercise/Muscle

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Gut Health

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Inflammation

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Oral Health

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Reviews

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