



## USHBC Supported Studies

### Antioxidant Activity

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### Bioavailability/Metabolism

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### Bone and Joint Health

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### Brain Function

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- **Krikorian R, Skelton MR, Summer SS, Shidler MD, Sullivan PG. Blueberry Supplementation in Midlife for Dementia Risk Reduction.** *Nutrients.* 2022;14(8):1619.  
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## Cancer

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## **Diabetes/Insulin Resistance**

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## **Exercise/Muscle**

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## **Eye Health**

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## **Food Safety**

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## Gut Health

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## Immune Function

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## Inflammation

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## Obesity

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## Oral Health

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## General

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